



Sexual Orientation & Gender Identity: Smashing Stereotypes & Feeling Proud

METRO Charity



Who we are



METRO Charity is a leading equality & diversity charity, providing health, community & youth services.

We work with anyone experiencing issues related to gender, sexuality, diversity or identity and promote health, wellbeing, equality & participation through five domains:

- METRO HIV
- METRO Sexual & Reproductive Health
- METRO Mental Health & Wellbeing
- METRO Community
- METRO Youth



Learning agreement:

- Have respect for all those present in the session
- Actively listen to everyone's ideas
- Maintain confidentiality and do not pass on other peoples' stories without their consent
- Work together
- Be open minded
- Understand this is a safe space to make "mistakes"

Please feel free to ask questions



I can...



... explain the impact of gender identity and sexual orientation stereotypes.

... describe how the law protects people from discrimination.

... describe what happened at the Stonewall Riots and how they have impacted LGBT+ people's lives today.

... suggest ways we can help stop people being bullied for being different and ways to get support.

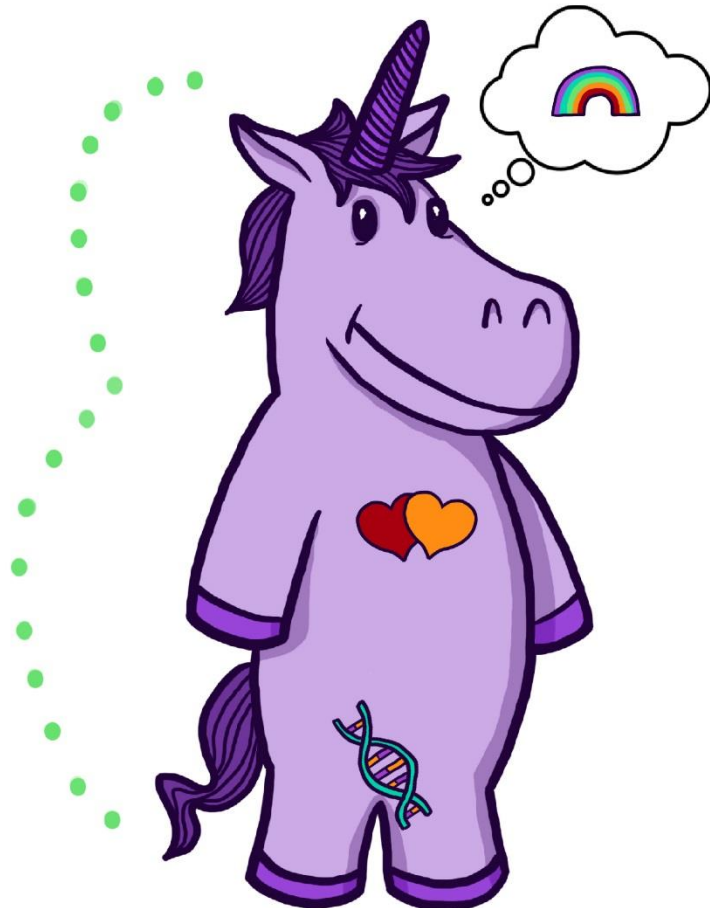
With your partner, write down what each of the letters stand for:

LGBTQQIAP



The Gender Unicorn

Graphic by:
TSER
Trans Student Educational Resources



To learn more, go to:
www.transstudent.org/gender

Design by Landyn Pan and Anna Moore



Gender Identity



Female / Woman / Girl

Male / Man / Boy

Other Gender(s)



Gender Expression



Feminine

Masculine

Other



Sex Assigned at Birth

Female

Male

Other / Intersex



Physically Attracted to



Women

Men

Other Gender(s)



Emotionally Attracted to



Women

Men

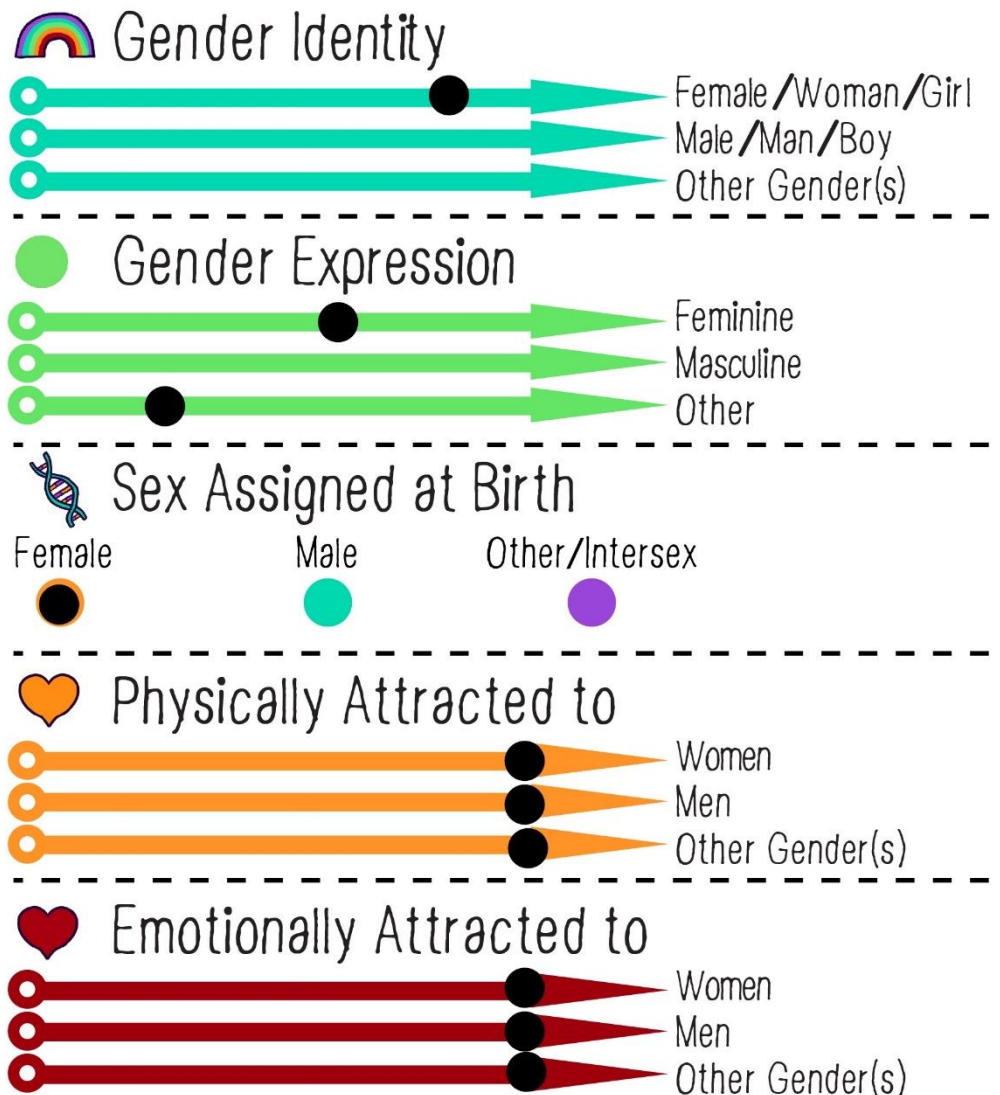
Other Gender(s)

METRO
Embrace Difference



Janelle Monáe

Janelle is a singer and actor - she has been in *Hidden Figures* and *Moonlight* and has won awards for her albums. She identifies as a cisgender woman, and she wears strong looks including huge, over the top dresses. In the past she was criticised for being 'too masculine', and she talks about this in her songs. She has a girlfriend, and has recently said that the terms 'queer' 'bisexual' and 'pansexual' all feel like they describe her sexuality.





What is a stereotype?

stereotype

/ˈstɛrɪə(ʊ)tʌɪp, ˈstɪərɪə(ʊ)tʌɪp/ 

noun

1. a widely held but fixed and oversimplified image or idea of a particular type of person or thing.
"the stereotype of the woman as the carer"
synonyms: standard/conventional image, received idea, cliché, hackneyed idea, formula

The “Stereotype Threat” Experiment



Psychologists wanted to explore the stereotype that women are worse than men at maths.

“This test will produce gender differences.”



THE TEST

“This test will **NOT** produce gender differences.”



The "Stereotype Threat" Experiment



"This test will produce gender differences."



"This test will **NOT** produce gender differences."

THE TEST



MEN DID MUCH BETTER THAN THE WOMEN.

MEN AND WOMEN GOT EQUAL SCORES.



The “Stereotype Threat” Experiment



1. Think of a stereotype that you know of.
2. Discuss how the impact of the stereotype with your partner.
3. Do you think the stereotypes you have been discussing are true?
4. How could you prove that they are not...?

Create your own “Stereotype Threat” experiment.



Using the stereotype you have been discussing, design an experiment with your partner that proves whether the stereotype is true or not.

Our experiment is to test if it's true that ...

To test this, we are going to ...

We predict that ...

Think about the maths test example – you could do something similar, if you're stuck.

The Equality Act (2010)



It is illegal to discriminate against an individual on the basis of **protected characteristics**, which are:

Age, disability, race, **gender reassignment**, religion or belief, **sex** and **sexual orientation**

We are all a complex combination of protected characteristics.

One characteristic does not predict the other

i.e. our race, religion, age and disability does not predict our sex, sexual orientation or gender/gender reassignment.

How have stereotypes told people how to behave?



"That's so gay."

"Boys don't wear makeup"

"No homo"

"Why can't you just be *normal*"

"Girls like shopping"



PHOTO BY MANUEL RODRIGUEZ/COURTESY OF REGENERACION

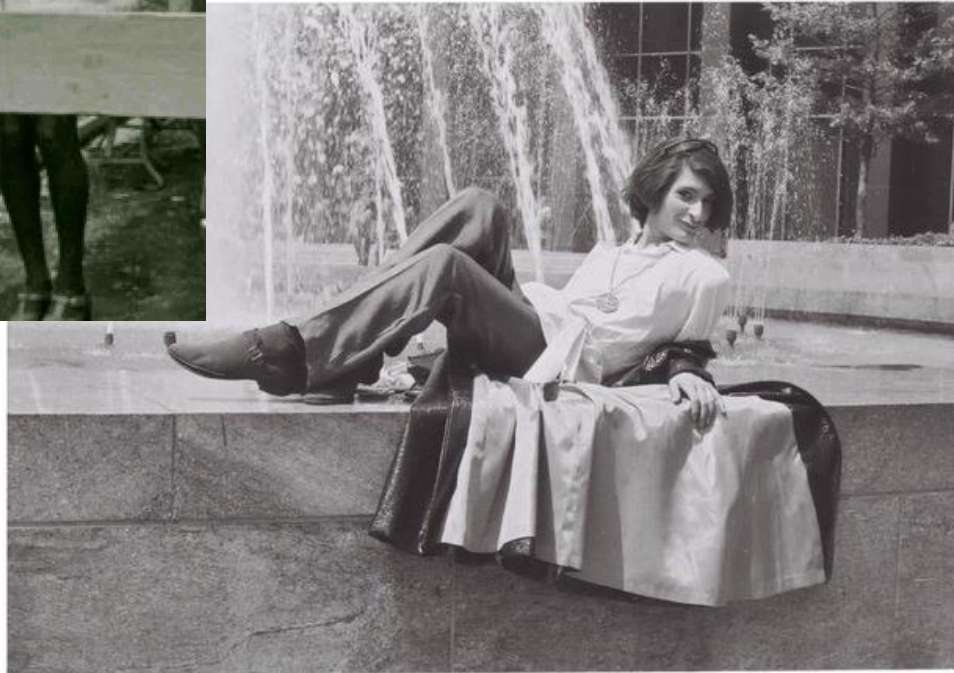


The Stonewall riots



- In 1969 'the solicitation of homosexual relations' was an illegal act in New York City (as well as other places)
- LGBTQ+ people had no protection, and the police were often violent against them
- Gay bars were a place of safety for the LGBTQ+ community
- The Stonewall Inn was a very popular gay bar, which often got raided by the police
- One night they got raided and the LGBTQ+ community fought back

Resisting Stereotypes and Discrimination



Marsha P. Johnson, Sylvia Rivera and the Legacy of the Stonewall riots



Discussion



- What were Marsha P Johnson and Sylvia Rivera fighting for?
- Who stood in their way?
- Why did they face discrimination?
- What do you think happened to Marsha P Johnson?
- How do you think things are different today?

What can *you* do to challenge stereotypes and discrimination?



I am going to ...

*I think our school
could ...*

Question time



Everyone needs to write down a question or a comment on their post-it note.

You will then put it into the box.

No one will know who has asked which question.

We will answer as many as we can!

I can...



... explain the impact of gender identity and sexual orientation stereotypes.

... describe how the law protects people from discrimination.

... describe what happened at the Stonewall Riots and how they have impacted LGBT+ people's lives today.

... suggest ways we can help stop people being bullied for being different and ways to get support.

Thanks!

Please take a few minutes to give us some feedback.



Where you can get support



www.metrocharity.org.uk – 020 8305 5000

- METRO BRIDGE** Two weekly groups every Monday for young people in Croydon: 6:00pm-8:00pm for young people aged 11 to 16 and 8:00pm to 9.30pm for young people aged 17 to 25.
- METRO STAR** Weekly group every Friday 5:00pm-7:00pm for young people aged 13-19 in Lambeth.
- METRO SHINE** Weekly group every Tuesday 6:30pm-8:30pm for young people aged 16-25 in Greenwich and Bexley, meeting in Greenwich.
- METRO SNAP** Weekly group every Thursday 7:30pm-9:30pm for young people aged 16-25 in Bromley.
- METRO LIVE** Weekly group every Wednesday 7:00pm-9:00pm for young people aged 16-25 in Lewisham.
- METRO SPARK** Weekly group every Wednesday 6:00pm-8:00pm for young people aged 16-25 in Southwark.
- METRO STAND OUT** Weekly group every other Tuesday 6:00pm-8:00pm for young people aged 16-25 across Medway, meeting in Rochester.
- METRO ZEST** Weekly group every Friday 4:30pm-6.30pm for young people under 16 across Greenwich, Lewisham, Bexley and Bromley, meeting in Greenwich.

You can also talk to someone anonymously at [Switchboard](#) or find more support about being trans at [Gendered Intelligence](#) or [Mermaids](#).

